



上海市龙舟协会  
Shanghai Dragon Boat Association

**2019 Shanghai International Chinese Dragon Boat  
Invitational Tournament  
Competition Regulations**

**1. The 2019 Shanghai International Chinese Dragon Boat  
Invitational Tournament will be held at Qing Pu District  
on the Cao Gang River September 18-22.**

**2. Hosted by:**

Social Sports Guidance Centre of the State Sport General  
Administration

Chinese Dragon Boat Association

The Overseas Chinese Affairs Office of the Shanghai Municipal  
Government

Shanghai Municipal Sports Bureau

The People's Government of Qingpu District

**3. Organized by:**

Shanghai Dragon Boat Association

Qingpu District Sports Bureau

The People's Government of Zhujiajiao Town

**Shanghai Dragon Boat Association**  
Room206, 66 Kang Ping Rd. Shanghai  
Tel: 86-21-64672182 Fax: 86-21-54665775  
<http://www.shdba.org/>



#### **4. Racing Events and Categories:**

##### **10 Man Boat :**

Mixed Division

500m Straight Lane Race

3000m Circuit Race

##### **20 Man Boat ( Chinese Local Teams ) :**

Mixed Division

500m Straight Lane Race

#### **5. Invite:**

5.1 10 Man Boat—24 Teams who receive the invitation from the organizing committee.

Team A—16 Dragon Boat Teams.

Team B— 8 International Dragon Boat Teams.

5.2 20 Man Boat—12 Teams ( Chinese Local Teams )

#### **6. Participation:**

6.1 Athletes need to be at least 16 years of age.

6.2 Types of Team:

*Team A* shall be comprises of 16 persons: 1 team leader, 1 coach, 10



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paddlers , 1 drummer, 1 steersman and 2 substitutions. **The Chinese team members shall be not less than 6 people (can be drummer or steersman) on board.**

*Team B* shall be comprised of 16 persons: 1 team leader, 1 coach, 10 paddlers, 1 drummer, 1 steersman and 2 substitutions.

6.3 Each team must have minimum of **4 female crew (can be drummer or steers woman)** on board.

6.5 The participants should provide a health certificate by a hospital or personal physician and can swim at least 200m with clothes on.

6.6 The athletes should have Accident Insurance and should wear a life vest while racing. ( The teams can bring their own life jackets, but they must all have the same color.)

6.7 International teams should bring 2 national/regional flags (size: 144cm x 96 cm) to be hung at the venue and opening ceremony.

6.8 Please provide a photo of each participant and send with the Roster Form to SHDBA before 10<sup>th</sup> August. The photo will be used on the Roll Call Card.

6.9 Roster Form- Teams should fill in the form of the Team list completely. Prepare a Brief Introduction (Introduction-not less than 500 words), covering development history and competition performance and provide a team photo. The Team brief introduction will be used for the media report.



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**7. Racing rules:**

7.1 The competition execution by latest “2012 Chinese Dragon Boat Racing Regulations” which approved by the Chinese Dragon Boat Association. (Can be obtained from the Chinese Dragon Boat Association Website: <http://dragonboat.sport.org.cn/>)

7.2 The boats will be provided by the Organizing Committee. Participants can bring and use their own paddles and life vests, which should meet the requirements of Chinese Dragon Boat Association rules and be the same color within the team. The helm is in fixed style.

7.3 Each team is requested to wear the racing uniform with same color and style.

7.4. The Race will include Heat, Repechage, Semi-Final , Ranking and Final (**4 lanes** will be set up for racing.) Grouping of the 5000m Circuit Race will be based on the result of the 500m races.

7.5 The lane draw for the 500m Straight Lane Race is announced during the technical meeting. The lanes and the boat number will be determined by lane-drawing 30 minutes prior to the each race at the marshaling area.

**8. Ranking in the competition and Awards:**

8.1 10 Man Boat according to the total score (results of 500m Straight Lane Race and 3000m Circuit Race), if the total scores are tied, the



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500m winner will be declared the winner. 20 Man Boat according to results of 500m Straight Lane Race. The winner will be awarded trophies and certificates. The prize distribution is as follows (RMB):

Team/Rank	1	2	3	4	5	6	Participate Award
20 Man Boat	60000	50000	40000	30000	25000	20000	12000
10 Man Boat A Team	40000	30000	25000	20000	15000	10000	8000
10 Man Boat B Team	30000	20000	10000	-	-	-	8000

8.2 The rest teams will get trophies, certificates of attendance and participate award.

### 8.3\_Contribution Award

Award to the teams and individuals to contributed.

## 9. Expenses:

9.1 For teams from abroad, transportation expenses for arriving and departing from Shanghai should be borne by the teams themselves. The committee will offer the local expenses including airport bus service (once for one team), meals, and hotel room during the 18<sup>th</sup> to 22<sup>th</sup> September in race period.

9.2 In case of early arrival or late departure and extra people such as team supporters or accompanying, all expenses should be borne by the themselves. The race committee will charge a fee for reception during the



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event, the expenses is RMB400/day/personal. The fee includes local transportation, accommodation and meals related to the competition schedule.

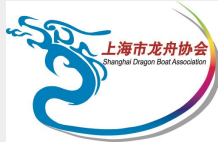
**10. Schedule:**

Date	Morning	Afternoon	Evening
18 <sup>th</sup> September	Check In		
19 <sup>th</sup> September	Training	Training	Technical Meeting
20 <sup>th</sup> September	10 Man Boat 500m Heat, Repechage, Semi Final	10 Man Boat 3000m Pursuit Race	
21 <sup>th</sup> September	20 Man Boat 500m Heat, Repechage, Semifinal (Local Teams)	Opening Ceremony 10 Man Boat 500m Ranking & Final 20 Man Boat 500m Final (Local Teams)	Closing Party
22 <sup>h</sup> September	Departure		

**11. Confirmation and Entry fee:**

11.1 Please email or fax the confirmation letter to Shanghai Dragon Boat Association before **10<sup>th</sup> of July**.

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11.2 The name list, Visa copy and the photos of each participant should be submitted before **10<sup>th</sup> of August**.

**12.** Contact details for Shanghai Dragon Boat Association.

Address: Room 206, 66 Kangping Road ( Hua kang Building ).

Shanghai China

Tel: +86-21-64672182 Fax: +86-21-54665775

Web: <http://www.shdba.org/>

Email: [spark556@hotmail.com](mailto:spark556@hotmail.com)

Contact: Mrs. Daisy Chen Mobile: +86 13901983930

**13.** Contact details of **Shanghai Qingpu District Sports Bureau:**

Qingpu District Sports Bureau:

No.378 Tiychang Road, Qingpu District, Shanghai

Tel: +86-021-59208539

**14.** The **Shanghai Dragon Boat Association** interpretation of these rules relating to any issue shall be final